

## **ATHLETE'S RULES & REGULATIONS CONTRACT**

1. I agree to attend and arrive on time to all practices and team functions.
2. I will notify my coach at least 24 hours in advance of all expected absences.
3. I realize that I cannot miss more than 5 practices or 1 tournament whether excused or unexcused throughout the course of the entire season.
4. I realize that having an injury which prevents me from practicing does NOT automatically excuse me from attending team functions or practices.
5. I will set a positive example in the community whether I am in or out of uniform.
6. I understand that being part of the Black Widows organization is a privilege.
7. I understand that there is no minimum play-time policy in effect with the Black Widows, that play-time is earned and determined solely at the discretion of my coaches.
8. I will always treat my fellow teammates, coaches, umpires, and other competitors with respect and dignity whether on or off the field.
9. I will report ALL injuries to my coaches IMMEDIATELY.
10. I realize that in the best interest of the team, and with just cause, the coaching staff retains the right to remove or replace me at any time throughout the season.
11. I realize I may be moved to another Black Widows team at any time throughout the season which may better suit my learning/playing ability level.
12. I agree to be courteous to all officials, coaches, hosts, parents, and other athletes at all functions.
13. I understand that smoking, drinking of alcoholic beverages, and/or the use of drugs is prohibited and abusing this rule will be grounds for immediate dismissal.
14. I understand that abusive language or behavior will not be tolerated and doing so may be grounds for immediate dismissal.
15. Any preplanned extended absences which fall outside the scheduled break periods must be communicated in writing to the head coach upon the acceptance of your position to a team. Failure to do so at this time will mean the above stated attendance policy will apply without exception.
16. I understand that I may resign my position at any time during the season. However, I realize I must have my parents' consent to do so because they will still be required to meet the specified financial obligations and no refunds of any kind will be given in accordance with my resignation.

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Player's Signature

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Parent's Signature

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Today's Date